

GLoucester County ASA

Masters' & Senior Swimmers' Competitions 2009(incorporating Gloucester and Somerset County Competitions)

(Under ASA Laws & ASA Technical Rules)

see Programme of Events at Horfield Leisure Centre on Sunday, 13 September 2009

Pool booked from 10.00am. Meet runs from 10.30am* - 5.30pm

Attention swimmers aged 18 to 24 years!

Not doing enough training, can't make qualifying times, not getting to open meets or making team selections, not seeing your mates at meets? Is this what you're looking for?

The above competition is open to swimmers in the above age-frame (too old to be an age-grouper, too wise to be a youth and yet not old enough to have "mastered" the sport).

In order to ease your passage to the Masters' Ranks, why not enter this year's County Masters' Championships, Senior Section? Sooner, or later, you will become too old, too busy, or too realistic to want to keep up with the increasing horde of younger, and younger, swimmers. Now might be a good time to take a look at Masters' Swimming. Set in September, it means that you don't have to worry about not being at the peak of conditioning; there are no nasty, long races and everyone is a bit laid-back.

Details may be on your Club Notice Board near where you are reading this....or on the County Website www.gcasa.co.uk.

One more thing! In November we have the premier event in Masters' swimming... the National Masters' Intercounty Event. We like to pick our 18 -24 agegroup from established masterswimmers (those who either train, or compete, with masters as opposed to any 18 year old superstars who are around the County). This meet will bring you to our attention.

Herbie Adams