

Gloucestershire County Swimmer Ashley Dougan (19) headed to the 2009 Sun Belt Conference Swimming and Diving Championships in Nashville, Tennessee this week with his University of New Orleans Swimming and Diving team. The Conference is the pinnacle of the University Swim meets for the Southern States of the USA, from Florida through to Texas.

Dougan (The Freshman from England) finished the meet with two individual and two Relay University Records with day two seeing Dougan achieve the highest finish for a UNO swimmer of the meet and a when he took third in the men's 50 free in a record time of 20.42 setting the tone for the meet.

One of Dougan's most noteworthy performances was swimming the final leg of the Mens 200 Free relay when he finished in 19.33 and the opening leg of the Men's 4 x 200 Free Relay in 1:40.53 taking the team comfortably into the final taking 9 seconds off their best time finishing in 6:40.93

Relays featured highly in Dougan's performance at the conference as he also swam in the 200 Medley and the 400 medley the team finishing in a time of 3:16.27, to place them third while eclipsing their previous best time of 3:22.52.

The Individual 200 Free, a new event to Dougan saw him swim a personal best of 1:40.53 taking another University record. In the final a team mate sneaked under his time to take the record even though Dougan swam a better time 1:40.31 and finished 7th.

Dougan, who won his swimming scholarship with the University of New Orleans last summer (2008) proved his worth when in his final event he smashed a 17 year old University record in the 100 free setting a new time of 45.43 and being placed 3rd in the Consolation Final.

50 FREESTYLE

UNO Record: Dougan, Ash, 20.42 - 2/19/2009

100 FREESTYLE

UNO Record: Dougan, Ash, 45.43 - 2/21/2009

200 FREESTYLE

UNO Record: Van Roekel, Jake, 1:39.39 - 2/20/2009

Time Athlete Date Meet

1:39.39 Van Roekel, Jake 2/20/2009 Sun Belt Conference

1:40.31 Dougan, Ash 2/20/2009 Sun Belt Conference

800 Free Relay

UNO Record: UNO, 6:40-93 - 2/19/2009

This Season

Time Date Meet

6:40.93 2/19/2009 Sun Belt Conference

Ash Dougan, Jake Van Roekel, Petar Petrovic, Bo Wullings

400 Medley Relay

UNO Record: UNO, 3:16.27 - 2/20/2009

This Season

Time Date Meet

3:16.27 2/20/2009 Sun Belt Conference

Petar Petrovic, Mark Schindler, Birkir Mar Jonsson, Ash Dougan